

*A Word from Deacon Rich*

**Karlie & the Father, the Son & the Holy Spirit**

One of the joys of being a deacon is the opportunity to baptize infants and children. In July 2010, shortly after I was ordained, I performed my first baptism ever. It took place here at Our Lady Help of Christians. The child was a few months old and her name was Karlie.

To be honest, I've lost track of how many children I've baptized and how many times I've assisted Father Alain when he baptized people at the Easter Vigil, during Mass and on other occasions. No matter what situation the family is in, the ages of the people or the language, all baptisms have two things in common – water and words. The words that are used are not any words but very specific ones. As water is poured upon the head of the unbaptized person, the priest or deacon recites these words, "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit."

If I forget these words or decide to make up my own statement, then the baptism is not valid. It's the water and the special words that make the sacrament real. Sometimes people who were baptized in another Christian denomination decide they want to be part of the Catholic Church. If their baptism was performed with water and the same special words, the Catholic Church recognizes their baptism as being valid. With further instruction they can become full members of the Catholic Church.

These words of Jesus that we also heard proclaimed in today's Gospel are found at the conclusion of Matthew's Gospel (Mt 28:19). For Karlie and for us, these words were only the beginning. When they were said at our baptism, they marked the beginning of our journey of faith. In baptism, we encountered God for the first time in his sacraments. We became a member of the Church, the body of Christ and received the promise of eternal life. As Paul tells us, we "...received a Spirit of adoption..." and became "...heirs of God and joint heirs with Christ."

Today on Trinity Sunday we celebrate the basis of our faith that Jesus and scripture revealed. God is three persons - **Father, Son and Holy Spirit**. These three persons are so united and bound by their divine nature and love that we say there is only one God.

Every day we can proclaim the truth about God and the joy of our Catholic faith. When we make the Sign of the Cross we recall our baptism and show the world that we belong to God.

We touch our head for the Father, the one who created and sustains us, and whose thoughts and will are first in our

mind. We touch our hearts for the Son, the one who came into the world to save us and teach us about love. We touch our shoulders for the Holy Spirit, the one who gives us strength and enables us to do God's work.

The Father. The Son. The Holy Spirit. Glory to you today and always. Amen.

Deacon Rich

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**Prayer Requests \***

**We are asked to pray for:** Georgiana Norgren, Scott Anderson, Harold Frye, Anna Tyser, Patricia Fisher, Marjorie O'Donnel, Sarah Parker, Leslie, Miriam Chagolla, Lauren Lohman, Fr. Alain, Grace Emmanuella, Dennis Forgash, Robert Brooks, Angel Morgan, William Graham, Fred Kowaleski, Kaylie Fowler, Ernest Mack, Derrick Webster, Brandon Mack, Johnné Webster, Dionne Gausee, Dorian Webster, Alfred Brown, Doris Chesley, James Thompson, Mr. & Mrs. Richard Dunham, Tom Casey, Fr. Robert Pittman, and all our military and civilians serving in harm's way.



*\*Names will remain on our list for 3 months. Please call the parish office to re-request a name after 3 months or to remove a name when the person has regained health.*

**Mass Intentions this Week**

- Saturday, May 26, 9:00 AM: Grace Emmanuella**
- Saturday, May 26, 5:00 PM: OLHOC Parishioners**
- Sunday, May 27, 8:30 AM: Matthew Lemke**
- Sunday, May 27, 10:00 AM: Ifeoma Igbokwe (+)**
- Sunday, May 27, 11:30 AM: Pat Dieberto**
- Sunday, May 27, 1:00 PM: Ouedraogo Family**
- Monday, May 28, 9:00 AM: Brenda Dodson (+)**
- Tuesday, May 29, 9:00 AM: Dodson Family**
- Wednesday, May 30, 9:00 AM: Fr. Alain**
- Wednesday, May 30, 7:00 PM: Ouedraogo Family**
- Thursday, May 31, 9:00 AM: Fr. Alain**
- Friday, June 1, 9:00 AM: Ouedraogo Family**

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**Memorial Day Holiday**

**OLHOC Office will be closed Monday, May 28, in observance of the holiday.**

9AM Mass & 7PM Catechesis will occur as scheduled.



# The Most Holy Trinity

## Religious Education Schedule

See you at VBS! July 23 - 27 Watch for registration info.

Contact Therese Thiedeman at 301-645-7112 or [dre@olhoc.org](mailto:dre@olhoc.org)  
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FIAT: Elementary school Faith in Action Team

Edge: Middle school youth ministry

Life Teen: High school youth ministry

## Graduate Blessing

OLHOC Youth Ministry will sponsor a Graduate Blessing on Sunday, June 10th at the 11:30 Mass for those in our Parish Community who are graduating from high school, college or other professional program this semester. Graduates are asked to wear their caps and gowns. Please fill out the form at [www.olhoc.org/ym](http://www.olhoc.org/ym)



## **\*\* Youth Summer Retreat \*\***



Rising 9th graders-seniors, join us for **Camp Veritas** August 12th-18th at Camp Lakota in Wurtsboro, NY. It will be an amazing week of outdoor fun, prayer, time with friends, and growing in your faith.

For more information and youth opportunities, please visit [www.olhoc.org/ym](http://www.olhoc.org/ym) or contact Marlen Coles at [marlen@olhoc.org](mailto:marlen@olhoc.org).

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**Loyola on the Potomac  
A Jesuit Retreat House  
Faulkner, MD  
[www.loyolaonthepotomac.com](http://www.loyolaonthepotomac.com)**

**St. Inigoes 2018 Youth Camp  
Summer Day Camp for youth ages 8-14  
June 18-22 & July 16-20, 9:00 to 3:00  
Fee: \$125  
Call 301-392-0819 for more information**



## OUR LADY'S LITTLE CHRISTIANS

<http://www.olhoc.org/preschool.html>

2018 Summer Program for ages 3-5 (**must be potty-trained**) The cost is \$75 per week. Discount for multiple siblings or multiple weeks.

- **June 18-22, 12:30-3:30 p.m.**  
Animals
- **June 25-28, 12:00-3:30 p.m.**  
Building/Engineering/Construction
- **July 9-13, 8:30-11:30 a.m.**  
Numbers & Puzzles
- **July 30-August 3, 8:30-11:30 a.m.**  
Science/Nature

Registration is first come/first served, and will continue until one week before each session starts or until classes are full.

For more information OR for Fall Preschool registration, send an email to [preschool@olhoc.org](mailto:preschool@olhoc.org) or call the office and ask for Nieda, Preschool Director.

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## Community Outreach

Many thanks to Delores Cacciaglia, menu coordinator, and all our volunteers for the April Shepherd's Table. Many enjoyed good fellowship and a delicious meal from Pizza Hotline, as well as a wonderful dessert thanks to Terry Kiss.

The next **Shepherd's Table Dinner** will be held on **Thursday, June 21, 2018 at Good Shepherd Church.**



Our next Outreach Committee Meeting before summer break is **June 6** at 7:00 PM in the Social Hall.

**All are welcome!**

**Sharing Sunday**—Non-perishable food donations are always welcome and can be left in the Social Hall. All donations will go to the local food bank, managed by Catholic Charities, on Irongate Drive in Waldorf.

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Our sincere gratitude to all who had a part to play in last week's 11:10 am celebration of Pentecost, our Parish Feast Day, our Kickoff to OLHOC's YEAR OF THE HOLY SPIRIT, and the end of our CCD Year: Crowning of Mary, outdoor Mass, and International Potluck.

First and foremost to the HOLY SPIRIT for a reprieve from the rain;  
to Fr. Alain for his continuous prayers for our parish during his time of recuperation;  
to Fr. Santiago for stepping up to the plate as "Acting Pastor";  
to Deacon Rich and Deacon Bill for going above and beyond;  
to our co-workers on the OLHOC staff;  
to the Knights of Columbus for both their ceremonial participation and grilling expertise;  
to all Religious Education and Youth Ministry/Youth Choir volunteers, parents, and students for a great year; to our Parish Council members for being such willing, hands-on volunteers;  
to our ushers for assisting with chair set up and water distribution during the outdoor Mass;

to our decoration committee members who spent hours prepping the social hall and helped serve the meal; and to the few and mighty who stayed behind to help with clean up.

A SINCERE THANKS to all members of this amazing parish who, from all our diverse backgrounds, came together to celebrate the HOLY SPIRIT who empowered the disciples to proclaim the Good News to ALL NATIONS! May this YEAR OF THE HOLY SPIRIT set our hearts on fire to encounter the Holy Trinity (Father, Son, and Holy Spirit) in and through one another, and empower us to proclaim the Good News to all! Come HOLY SPIRIT!

Yours in Christ,

Therese Thiedeman (OLHOC Director of Religious Education)

Marlen Coles (OLHOC Coordinator of Youth and Evangelization)



**JOHN PAUL II**  
CULTURAL CENTRE

**Saint John Paul II National Shrine**  
3900 Harewood Road, NE  
Washington, DC 20017

*The Art of Prayer* is a continuing series about interior prayer which includes a talk, time for silent meditation, and praying Vespers together. Join us at 6:00 p.m. on Sunday evenings for *The Art of Prayer* and stay for Mass at 7:00 p.m.!

**ST. MICHAEL AND ST. DOMINIC**  
**PARISH DINNER**

**Saturday, June 2, 2018 from 1:00-4:00pm**

**17510 Horsehead Road**  
**Brandywine, MD 20613**  
**240-681-3551**

Parish dinner of Fried Chicken, Fried Fish and Ham, accompanied with delicious side dishes, will be catered by Baileys Restaurant. We will celebrate the beginning of summer with Dine-in or Carry-Out available at \$20 per dinner. Children (ages 7-12) are \$10.00; (ages 6 and under) are FREE! Pre-sale dinner tickets are available! There will be Crafts for sale, a Bake Sale, and a 50/50 raffle @ \$5.00 per ticket.

**Your Church; the Lord's House**

Continue to please respect your church, the Lord's house, and refrain from taking any food or beverage in the Church. If children need food or beverages, please use the cry room or Social Hall.



We have incurred some recent pew damage. Please care for your building investment by not walking on kneelers or using them as a foot rest.

**Mass Readings for June 03, 2018**

*Corpus Christi*  
*The Most Holy Body & Blood of Christ*

**First Reading \* Exodus 24:3-8**

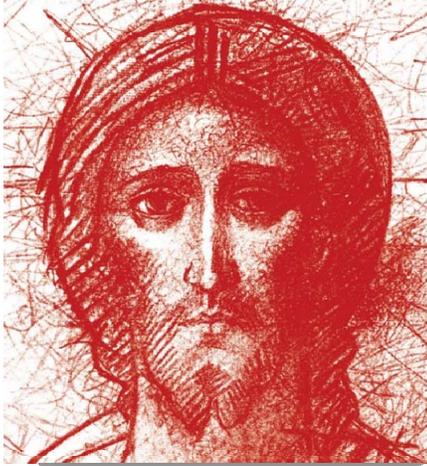
**Second Reading \* Hebrews 9:11-15**

**Gospel \* Mark 14:12-16, 22-26**

[www.usccb.org](http://www.usccb.org)



***OLHOC invites you to attend The Catechesis for Adults and Teenagers on Mondays and Thursdays at 7:00 PM, in the Social Hall.***



To be a Christian is to have an encounter with the person of Christ. Jesus himself affirms: “... *I came so that they might have life and have it more abundantly.*” (John 10:10)

The catechesis will be given by a team from the Neo-catechumenal Way composed of one priest (Fr. Santiago), two seminarians from the Archdiocese of Washington, one widow, and two married couples.

This catechesis is an announcement of the Good News of the Gospel aimed to introduce people to a journey of mature Faith. The catechesis will help you deepen your Faith, encounter Jesus Christ through the scriptures, and find in Christ the answer to your daily sufferings.

We also encourage you to pass on this invitation with family members, friends or anyone that may be in need of rediscovering Jesus Christ. Take one or two cards located in the narthex to pass out and evangelize.

**Come with an open heart - You won't be disappointed!**

**Adult Faith Formation Class:**

*Evangelization and the Acts of the Apostles*

**SUNDAYS at 9:30 AM**

**Five more sessions - Come when you can!**



**SUNDAY  
MORNING!!**

OLHOC “Year of the Holy Spirit” (Pentecost 2018-Pentecost 2019), there is no better place to look for guidance in the New Evangelization than the Acts of the Apostles. This chronicle of the Church in action gives us the blueprint for the life and mission of the Church today. In *Evangelization and the Acts of the Apostles*, Dr. Mary Healy combines Bible study with Church teaching and practical wisdom to show us how modern Catholics can effectively lead people to Jesus Christ.

**Join us for this exciting study facilitated by Mike and Diane Spurgeon!**

**Divine Mercy at OLHOC**



The Divine Mercy Ministry invites us all to come and pray the chaplet each **1st Saturday at 3:00 PM.**

**Healing Mass**

St. Mary Church, Newport's monthly Healing Masses are held the **first Thursday of each month, 6:30 PM** in honor of St. John Vianney. The next Healing Mass will be on Thursday, June 7. Fr. Michael Briese will offer prayers of healing for the body and soul. Confessions begin at 6:00 p.m.; Location: St. Mary Church, Newport, 11555 St. Mary's Church Road, Charlotte Hall, MD 20622. For additional information, please call the rectory office at [301-934-8825](tel:301-934-8825).